



ALL-DAY PACKAGES

All Day Delicious \$40.99

Relax. We'll keep the food coming! These 4 selections will keep your energy up throughout the day. Available for 15 guests or more. Includes appropriate condiments.

Delicious Dawn

Assorted Muffins	400-510 Cal each
Assorted Scones	430-470 Cal each
Fresh Seasonal Sliced Fruit	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

AM Perk Up

Granola Bars	190 Cal each
Assorted Individual Yogurt Cups	50-150 Cal each
Iced Tea	5 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Power Up Lunch

Tomato and Cucumber Couscous Salad	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad	210 Cal/3.2 oz. serving
Bakery Fresh Rolls	160 Cal each
Green Beans Gremolata	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto	310 Cal/7.5 oz. serving
Grilled Chicken with a Lemon Tarragon White Wine Sauce	200 Cal/5.75 oz. serving
New York Cheesecake	440 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

PM Pick Me Up

Chilled Spinach Dip with Tortilla Chips	230 Cal/2.25 oz. serving
Grilled Vegetable Tray	70 Cal/3 oz. serving
Freshly Baked Brownies	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Meeting Wrap Up \$35.99

Serve these favorites and success is a wrap! This All-Day package includes the following 4 delights. Available for 15 guests or more. Includes appropriate condiments.

Morning Mini

Miniature Muffins	80-120 Cal each
Miniature Danish	140-170 Cal each
Miniature Scones	110-120 Cal each
Yogurt Parfait cups	370-400 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

The Energizer

Donut Holes	45-90 Cal each
Ripe Bananas	110 Cal each
Iced Tea	5 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

It's a Wrap

Includes choice of salad.

Chicken Caesar Wrap	540 Cal each
Pepper Jack Tuna Wrap	590 Cal each
Cran-Apple Turkey Wrap	650 Cal each
Grilled Vegetable Wrap	620 Cal each
Fresh Seasonal Sliced Fruit	40 Cal/2.5 oz. serving
Traditional Garden Salad	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad	130 Cal/3 oz. serving
Individual Bag of Chips	100-160 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Freshly Baked Brownies	250 Cal/2.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Mid-Day Munchies

Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages

Tortilla Chips	90 Cal/2 oz. serving
Salsa Roja	20 Cal/1 oz. serving
Salsa Verde	20 Cal/1 oz. serving
Pico De Gallo	10 Cal/1 oz. serving
Assorted fruit	50-110 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

Simple Pleasures \$26.99

Easy does it-Casually tasteful fare. This All-Day package includes 3 of our favorites. Available for 15 guests or more. Includes appropriate condiments.

Simple Continental

Assorted Donuts	190-490 Cal each
Assorted Bagels	170-360 Cal each
Orange Juice	120 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Box Lunch

Choice of Sandwich accompanied by Chips, Assorted Craveworthy Cookies and Bottled Water

Tuna Salad Ciabatta	540 Cal each
Ham & Swiss Sub	380 Cal each
Turkey & Swiss Sandwich	490 Cal each
Roasted Pepper & Mozzarella Ciabatta	530 Cal each
Individual Bag of Chips	100-160 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each

Mid-Day Munchies

Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages

Tortilla Chips	90 Cal/2 oz. serving
Salsa Roja	20 Cal/1 oz. serving
Salsa Verde	20 Cal/1 oz. serving
Pico De Gallo	10 Cal/1 oz. serving
Assorted fruit	50-110 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



Choose one of these 3 packages to sustain you throughout the day.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

BREAKFAST

Breakfast Collections

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Basic Beginnings \$8.49

Choice of one (1) Breakfast Pastry served with Iced Water, Gourmet Coffee, Decaf and Hot Tea

■ Assorted Danish	200-430 Cal each
■ Assorted Muffins	400-510 Cal each
■ Assorted Scones	430-470 Cal each
■ Assorted Bagels	170-360 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Quick Start \$10.99

Choice of three (3) Breakfast Pastries served with Fresh Seasonal Sliced Fruit, Fresh Assorted Juices and Bottled Water and Gourmet Coffee, Decaf and Hot Tea

■ Assorted Muffins	400-510 Cal each
■ Assorted Danish	200-430 Cal each
■ Assorted Scones	430-470 Cal each
■ Assorted Bagels	170-360 Cal each
■ Fresh Seasonal Sliced Fruit	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Healthy Choice Breakfast \$9.79

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day.

■ Individual Cereal Cups	140-260 Cal each
Milk	120 Cal each
■ Bananas	110 Cal each
■ Assorted Individual Yogurt Cups	50-150 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



À la Carte Breakfast

Includes appropriate condiments

- Assorted Bagels (170-360 Cal each) \$21.99 Per Dozen
- Assorted Muffins (400-510 Cal each) \$21.99 Per Dozen
- Assorted Danish (200-430 Cal each) \$21.99 Per Dozen
- Assorted Donuts (190-490 Cal each) \$17.99 Per Dozen
- Assorted Pastries (200-510 Cal each) \$21.99 Per Dozen
- Fresh Seasonal Sliced Fruit (40 Cal/2.5 oz. serving) \$3.59 Per Person

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Hot Breakfast

All prices are per person and available for 12 guests or more.
Includes appropriate condiments.

Ultimate Breakfast \$15.99

Choice of three (3) Breakfast Pastries, Scrambled Eggs, Cheddar and Onion Frittata, Crisp Bacon, Breakfast Sausage, Pancakes and Syrup, Breakfast Potatoes, Fresh Seasonal Sliced Fruit, Assorted Juices and Bottled Water, Gourmet Coffee, Decaf and Hot Tea

Assorted Muffins	400-510 Cal each
Assorted Danish	200-430 Cal each
Assorted Scones	430-470 Cal each
Assorted Bagels	170-360 Cal each
Scrambled Eggs	180 Cal/4 oz. serving
Cheddar and Onion Frittata	270 Cal each
Breakfast Potatoes	130-150 Cal/3 oz. serving
Bacon	45 Cal each
Breakfast Sausage	130-220 Cal each
Pancakes	50 Cal each
Maple Syrup	70 Cal/1 oz. serving
Fresh Seasonal Sliced Fruit	40 Cal/2.5 oz. serving
Assorted Juices	110-170 Cal each
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

American Breakfast \$11.99

Scrambled Eggs, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, choice of one (1) Breakfast Pastry, Iced Water, Gourmet Coffee, Decaf and Hot Tea

Assorted Muffins	400-510 Cal each
Assorted Danish	200-430 Cal each
Assorted Scones	430-470 Cal each
Assorted Bagels	170-360 Cal each
Scrambled Eggs	180 Cal/4 oz. serving
Breakfast Potatoes	130-150 Cal/3 oz. serving
Bacon	45 Cal each
Breakfast Sausage	130-220 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

BREAKFAST

French Toast Breakfast \$11.99

Orange Cinnamon French Toast served with Butter and Syrup, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, Ice Water, Gourmet Coffee, Decaf and Hot Tea

Orange Cinnamon French Toast	90 Cal each
Maple Syrup	70 Cal/1 oz. serving
Breakfast Potatoes	130-150 Cal/3 oz. serving
Bacon	45 Cal each
Breakfast Sausage	130-220 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are available upon request - nominal fee may apply



BREAKFAST

Breakfast Enhancements

All prices are per person and available for 12 guests or more.
Includes appropriate condiments.

Assorted Cereal Cups served with Milk \$4.29

- Individual Cereal Cups 140-260 Cal each
- Milk 120 Cal each

Traditional Sandwiches \$5.09

Choice of two (2) Breakfast Sandwiches

- Egg & Cheese English Muffin 260 Cal each
- Egg & Cheese Croissant 370 Cal each
- Sausage, Egg & Cheese Biscuit 520 Cal each
- Ham, Egg & Cheese Biscuit 450 Cal each
- Bacon, Egg & Cheese Bagel 370 Cal each
- Spicy Bacon, Egg, Potato & Cheese Burrito 590 Cal each

Home-style Biscuits and Gravy \$3.59

(590 Cal/7 oz. serving)

Egg Whites, Turkey Bacon and Turkey Sausage are available
upon request - nominal fee may apply



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SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 12 guests or more.
Includes appropriate condiments.

Deli Express \$12.49

Create your own Deli Sandwich creation accompanied by your choice of two (2) Side Salads, Chips, Assorted Craveworthy Cookies and Beverages

Deli Platter	
(Turkey, Roast Beef, Ham, Tuna)	25-80 Cal/1 oz. serving
■ Cheese Tray (Cheddar & Swiss)	110 Cal/1 oz. serving
■ Relish Tray (Lettuce, Tomato, Onion, Pickles, Peppercornini)	20 Cal/1 oz. serving
■ Assorted Baked Breads & Rolls	110-160 Cal each
Side Salads	25-330 Cal each
■ Individual Bags of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Premium Box Lunches

Blackened Chicken Ciabatta	\$15.49	
Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta		390 Cal each
■ Spiced Sweet Potato Salad		120 Cal/4 oz. serving
■ Individual Bag of Chips		100-160 Cal each
■ Freshly Baked Brownie		250 Cal/2.25 oz. serving
Bottled Water		0 Cal each

Salmon Caesar Salad	\$15.49	
Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese, and Seasoned Croutons		590 Cal each
■ Bakery Fresh Roll		160 Cal each
■ Fresh Fruit Cup		40 Cal/2.5 oz. serving
■ Lemon Cheesecake Bar		300 Cal/2.75 oz. serving
Bottled Water		0 Cal each

Asian Chicken Salad	\$15.49	
Grilled Chicken, Romaine, Vegetables, Orange and Almonds tossed with a Sweet and Spicy Sesame Dressing		430 Cal each
■ Bakery Fresh Roll		160 Cal each
■ Fresh Fruit Cup		40 Cal/2.5 oz. serving
■ Lemon Cheesecake Bar		300 Cal/2.75 oz. serving
Bottled Water		0 Cal each

Classic Box Lunch \$10.99

Your choice of Classic Sandwich - served with Potato Chips, Craveworthy Cookies and Bottled Water

Classic Selection Sandwich	140-750 Cal each
■ Individual Bag of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each

Classic Selections Buffet \$16.99

Your Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies, Iced Water and Iced Tea

Classic Selection Sandwiches	140-750 Cal each
Side Salads	25-330 Cal each
■ Dill Pickle Slices	0 Cal/1 oz. serving
■ Individual Bags of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Classic Sandwich Options

(Available Sandwich Choices for the Classic Boxed Lunch and Classic Selections Buffet)

Deli Sliced Turkey and Swiss on Hearty Wheat Bread (490 Cal each)

■ Greek Salad Wrap with Crumbled Feta, Black Olives, Fresh Cucumbers, Plum Tomatoes and Red Onion (430 Cal each)

Tuna Salad Ciabatta with Fresh Romaine and Sliced Tomato (540 Cal each)

Roast Beef and Cheddar Sandwich (420 Cal each)

Apple Bacon Chicken Salad Ciabatta (390 Cal each)

Additional Premium Box Lunch options
available upon request!
Please contact your catering professional

SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

The Executive Luncheon \$18.09

Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies, Iced Water and Iced Tea

Executive Luncheon Sandwiches	370-760 Cal each
Side Salads	25-330 Cal each
■ Dill Pickle Slices	0 Cal/1 oz. serving
■ Individual Bags of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Executive Luncheon Sandwiches

(Available Sandwich Choices for the Executive Luncheon Buffet)

■ Garden Vegetables with Boursin, Aged Provolone and Roasted Garlic Aioli on Ciabatta (570 Cal each)

Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette (570 Cal each)

Chicken Teriyaki Ciabatta with Pineapple Salsa on a Ciabatta (510 Cal each)

Tuna and Apple Salad with Fresh Tomatoes and Arugula on Ciabatta Bread (370 Cal each)

Italian Sub with Fresh Lettuce, Tomato, Onion and Herbal Honey Dijon Sauce (560 Cal each)

Turkey & Ham Club Sub with Bacon, Swiss Cheese and Honey Dijon Dressing (390 Cal each)

Roast Beef, Caramelized Onion and Kale Ciabatta (500 Cal each)



Side Salad Selections

(Included with Deli Express, Classic Selections, and Executive Luncheon Sandwich Buffets)

■ Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives (90 Cal/3 oz. serving)

■ Toasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red Onions, Fresh Spinach and Scallions (180 Cal/3 oz. serving)

■ Toasted Barley Orange Cranberry Salad with Red Onions, Honey and Cinnamon (120 Cal/3.5 oz. serving)

■ Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic (120 Cal/4 oz. serving)

■ Chilled Dill Cucumber Salad with Onions tossed in Italian Dressing (60 Cal/3.75 oz. serving)

■ Red-skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing (240 Cal/4 oz. serving)

■ Traditional Coleslaw finely shredded with Carrots in a Mayonnaise and Celery Seed Dressing (170 Cal/3.5 oz. serving)

■ Traditional Garden Salad with a Balsamic Vinaigrette Dressing (50 Cal/3.5 oz. serving)

■ Fresh Fruit Salad (40 Cal/2.5 oz. serving)

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Themed Buffets

12 Person Minimum. Includes appropriate condiments and choice of beverages.

Soup and Salad Buffet \$16.49

Garden Fresh Tossed Salad with Dressings and assorted toppings served with Dinner Rolls and Butter, Soup du Jour, Assorted Craveworthy Cookies and choice of Beverage

■ Garden Fresh Mixed Greens	15 Cal/3 oz. serving
■ Ranch Dressing	200 Cal/2 oz. serving
■ Italian Dressing	80 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	60 Cal/2 oz. serving
■ Roasted Chickpeas	210 Cal/2 oz. serving
■ Sliced Red Onions	10 Cal/1 oz. serving
■ Shredded Cheese	60 Cal/0.5 oz. serving
■ Tomatoes	5 Cal/1 oz. serving
■ Cucumbers	5 Cal/1 oz. serving
■ Shredded Carrots	10 Cal/0.5 oz. serving
■ Croutons	60 Cal/0.5 oz. serving
■ Dinner Rolls	160 Cal each
Soup du Jour	80-420 Cal/8 oz. serving
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Lazy Summer BBQ \$20.49

■ Old-fashioned Coleslaw	150 Cal/3 oz. serving
■ Cornbread Fiesta Muffins	120 Cal each
■ Macaroni and Cheese	260 Cal/4 oz. serving
Baked Beans	170 Cal/4.75 oz. serving
BBQ Chicken	430 Cal/6 oz. serving
Sliced Brisket	350 Cal/5 oz. serving
■ Assorted Craveworthy Cookies	250-310 Cal each
■ Gourmet Dessert Bars	300-370 Cal/2.75-3.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

BUFFETS

Northern Italian Buffet \$20.49

■ Mediterranean Salad with a Greek Vinaigrette	120 Cal/3.25 oz. serving
■ Garlic Breadsticks	110 Cal each
■ Roasted Mushrooms	90 Cal/3.5 oz. serving
Lemon Rosemary Chicken	130 Cal/3 oz. serving
Shrimp Scampi	100 Cal/3 oz. serving
■ Vermicelli Pasta	150 Cal/3.25 oz. serving
■ Berry Panna Cotta	330 Cal/5 oz. serving
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving



BUFFETS

Themed Buffets

12 Person Minimum. Includes appropriate condiments and choice of beverages.

Tasty Tex Mex \$19.49

Create your own Fajitas with our Tex Mex sides including choice of two (2) salsas!

■ Tortilla Chips	90 Cal/1 oz. serving
■ Mexican Rice	130 Cal/3 oz. serving
■ Charro Beans	90 Cal/3 oz. serving
Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream	590 Cal/5 oz. serving
Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
■ Pico De Gallo	10 Cal/1 oz. serving
■ Salsa Verde	10 Cal/1 oz. serving
■ Salsa Roja	20 Cal/1 oz. serving
Cinnamon Crisps	20 Cal each
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving



Asian Accents \$19.99

General Tso's Chicken with Steamed Rice and Teriyaki Salmon with Lemon Green Beans served with sides and two (2) dipping sauces

■ Peanut Lime Ramen Noodles	200 Cal/3 oz. serving
Egg rolls	190 Cal each
■ Sweet Soy Sauce	50 Cal/1 oz. serving
■ Sweet & Sour Sauce	40 Cal/1 oz. serving
■ Chili Garlic Sauce	45 Cal/1 oz. serving
■ Steamed Brown Rice	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Beans	100 Cal/3 oz. serving
■ Fortune Cookies	30 Cal each
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

LOOKING TO CREATE YOUR OWN THEMED BUFFET OR UNIQUE CUSTOM BUFFET?

Contact us at catering@coppin.edu or 410.951.1229 to explore more options and personalize your buffet to fit your event.

Themed Buffets

12 Person Minimum. Includes appropriate condiments and choice of beverages.

Baked Potato Bar \$18.49

Top your own Baked Potatoes with a Garden Salad and choice of Apple Cobbler or Apple Pie for dessert

■ Classic Garden Salad	50 Cal/3.5 oz. serving
Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar Cheese, Scallions and Sour Cream	
	660 Cal/12 oz. serving
■ Apple Cobbler	350 Cal/4.75 oz. serving
■ Apple Pie	410 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
■ Add on Cheddar Cheese Sauce	60 Cal/1 oz. serving

Classic Pizza \$16.99

■ Classic Garden Salad	50 Cal/3.5 oz. serving
■ Traditional New York style Cheese Pizza Slices	330 Cal/slice
Meat Lover's Pizza Slices	470 Cal/slice
■ Garden Vegetable Pizza Slices	380 Cal/slice
Home-style Kettle Chips	240 Cal/1.25 oz. each
■ Assorted Craveworthy Cookies	250-310 Cal each
■ Bakery-fresh Brownies	250 Cal/2.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

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BUFFETS

Harvest Bounty \$22.49

Choice of Herb Roasted Turkey or Baked Ham served with sides and beverages

■ Traditional Mixed Green Salad	50 Cal/3.5 oz. serving
■ Southern Biscuits	190 Cal each
■ Buttermilk Mashed Potatoes	120 Cal/3.75 oz. serving
■ Sautéed Dill Green Beans	30 Cal/3 oz. serving
Herb Roasted Turkey	130 Cal/3 oz. serving
Baked Ham	110 Cal/3 oz. serving
■ Apple Pie	410 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving



BUFFETS

Create Your Own Buffet

Customize Your Own Buffet: Select (1) starter, (1) entrée, (2) sides, and (1) dessert. Served with Assorted Rolls and Butter, and Choice of Two Beverages. Includes appropriate condiments.

Buffet Starters

- Seasonal Garden Salad with Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.7 oz. serving)
- Crudités with Tzatziki Sauce (40 Cal/5 oz. serving)
- Roasted Vegetable Platter with Chimichurri Mayo (210 Cal/4 oz. serving)
- Seasonal Fresh Fruit Salad (40 Cal/2.25 oz. serving)
- Potato Salad (180 Cal/4 oz. serving)

Buffet Entrees

- Asiago Chicken in a Roasted Red Pepper Sauce (310 Cal/5 oz. serving) \$19.49
- Chicken and Shrimp Creole (240 Cal/8.75 oz. serving) \$18.49
- Bruschetta Tilapia (200 Cal/5.5 oz. serving) \$19.49
- Grilled Salmon in a Moroccan Herb Sauce (120 Cal/2.75 oz. serving) \$20.49
- Beef Pot Roast with Dijon Shallot Sauce (330 Cal/5 oz. serving) \$19.49
- Slow-Roasted Turkey Breast rubbed with Sage and Thyme (130 Cal/3 oz. serving) \$19.49
- Choice of Southern Fried Chicken or Baked Chicken (320 Cal or 160 Cal/5 oz. serving) \$18.49



Buffet Sides

- Italian Seasoned Green Beans (40 Cal/3.25 oz. serving)
- Pan Roasted Vegetables (45 Cal/3 oz. serving)
- Penne with Marinara Sauce (100 Cal/3 oz. serving)
- Marinated Roasted Red Potatoes (120 Cal/2.75 oz. serving)
- Buttermilk Mashed Potatoes (120 Cal/3.75 oz. serving)
- Baked Macaroni & Cheese (200 Cal/4 oz. serving)
- Collard Greens (60 Cal/3 oz. serving)

Buffet Finishes

- Apple Pie (410 Cal/slice)
- New York-Style Cheesecake (440 Cal/slice)
- Spiced Carrot Cake (370 Cal/slice)
- Chocolate Cake (270 Cal/slice)
- Assorted Craveworthy Cookies & Brownies (80-140 Cal each)
- Red Velvet Cake (370 Cal/slice)

Hors d'oeuvres

Hors d'oeuvres are priced per dozen. Includes appropriate condiments.

Reception Hors d'oeuvres (Hot)

Bacon Wrapped Scallops (20 Cal each) \$35.99

Balsamic Fig and Goat Cheese Flatbread (80 Cal each) \$28.99

Black Angus Mini Cheeseburgers (Sliders) (120 Cal each) \$43.99

Chicken Quesadillas (50 Cal each) \$23.99

Chicken Satay (20 Cal each) \$25.99

Coconut Shrimp (45 Cal each) \$34.99

Crab Cakes (30 Cal each) \$28.99

■ Crispy Asiago Asparagus (50 Cal each) \$24.99

■ Vegetable Spring Rolls (15 Cal each) \$36.99

RECEPTIONS

Reception Hors d'oeuvres (Cold)

■ Assorted Petit Fours (60-140 Cal each) \$27.99

Antipasto Kabobs (45 Cal each) \$34.99

Sushi Platter- 64 Rolls (50 Cal/each) \$77.99

Southwestern Chicken in Phyllo Crisp (75 Cal each) \$27.99

Shrimp Cocktail (20 Cal each) \$28.99

Farmers Market Display (190-270 Cal/2 oz. serving) \$89.99

UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.

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RECEPTIONS

Reception Platters and Dips

Classic Sliced Cheese Tray \$48.49 Serves 12

■ Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Pita Chips and Crostini
(290 Cal/2.75 oz. serving)

Fresh Seasonal Fruit \$41.99 Serves 12

■ Fresh Seasonal Fruit Tray (40 Cal/2.5 oz. serving)

Assorted Mini Sandwiches \$76.99 Serves 12

An assortment of our most popular Mini Sandwiches

Ham and American Cheese Mini Sandwiches	260 Cal each
Roast Beef and Cheddar Mini Sandwiches	280 Cal each
Turkey and Swiss Mini Sandwiches	310 Cal each
Mini Caprese Sandwiches	250 Cal each

Grilled Vegetables \$31.49 Serves 12

■ Grilled Vegetables served with Balsamic Vinaigrette
(70 Cal/3 oz. serving)

Housemade Spinach Dip \$34.49 Serves 12

■ Housemade Spinach Dip served with Fresh Pita Chips
(230 Cal/2.25 oz. serving)



**MAY WE SUGGEST A SERVED
MEAL OR RECEPTION?**

1

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Reception Stations

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Happy Hour \$17.99

Have a "pub" break with your favorite Happy Hour finger foods

- Chilled Spinach Dip with Pita Chips 230 Cal/2.25 oz. serving
- Mini Cheesesteaks 170 Cal each
- Buffalo Chicken Tenders served with Blue Cheese Dip 680 Cal/6.75 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

Grown Up Mac and Cheese \$17.99

Our gourmet Mac & Cheese topped your way

- Chipotle Macaroni and Cheese 460 Cal/8 oz. serving
- Grilled Chicken Breast 160 Cal/3 oz. serving
- Roasted Mushrooms 90 Cal/3.5 oz. serving
- Sautéed Shrimp 130 Cal/4 oz. serving

Crab Cake Sundae \$19.99

Petite Maryland style crab cakes (2) cooked to order, served with classic & seasonal gourmet accompaniments

- Cheddar Grits, Old Bay Tartar, Roasted Corn Relish, Crab Cake 225 Cal each

RECEPTIONS

Breaks

All prices are per person and available for 12 guests or more

Chocoholic \$8.49

Become addicted with an assortment of Chocolate-themed treats

- Miniature Chocolate Bars 45-70 Cal each
- Chunky Chocolate Craveworthy Cookies 280 Cal each
- Chilled Chocolate Milk 160 Cal each
- Chocolate Dipped Pretzels 110 Cal each
- Chocolate Dipped Strawberries 40 Cal each

Energy Break \$4.09

Raise the bar!

- Granola Bars 190 Cal each
- Fruit Filled Bars 160 Cal each
- Breakfast Bars 250 Cal each

The Healthy Alternative \$8.99

Get healthy with our heart-happy break

- Apples 60 Cal each
- Oranges 50 Cal each
- Bananas 110 Cal each
- Pears 100 Cal each
- Individual Yogurt Cups 50-150 Cal each
- Trail Mix 290 Cal each
- Granola Bars 190 Cal each

Snack Attack \$6.99

The perfect blend of sweet and salty to get you through your day!

- Individual Bags of Chips 100-160 Cal each
- Roasted Peanuts 190 Cal/1 oz. serving
- Trail Mix 290 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bakery-fresh Brownies 250 Cal/2.25 oz. serving

BEVERAGES & DESSERTS

Beverages

Includes appropriate accompaniments

Regular Coffee, Decaf and Hot Water with Assorted Tea Bags
(0 Cal/8 oz. serving) \$2.29 Per Person

Bottled Water (0 Cal each) \$2.29 Each

Assorted Sodas (Can) (0-150 Cal each) \$1.99 Each

Assorted Individual Fruit Juices (110-170 Cal each) \$2.49 Each

Hot Chocolate (160 Cal/8 oz. serving) \$21.99 Per Gallon

Assorted Fruit Juices (120-130 Cal/8 oz. serving)
\$19.99 Per Gallon

Iced Water (0 Cal/8 oz. serving) \$1.49 Per Gallon

Southern Style Sweet Tea (120 Cal/8 oz. serving)
\$9.99 Per Gallon

Sweet Lemonade (90 Cal/8 oz. serving) \$9.99 Per Gallon

1/2 & 1/2 (90 Cal/8 oz. serving) \$9.99 Per Gallon



■ Vegetarian ■ Vegan

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Desserts

Available for 12 guests or more

■ Assorted Craveworthy Cookies (250-310 Cal each)
\$15.49 Per Dozen

■ Bakery-fresh Brownies (250 Cal/2.25 oz. serving)
\$17.49 Per Dozen

■ Gourmet Dessert Bars (300-370 Cal/2.75-3.25 oz. serving)
\$19.49 Per Dozen

■ Chocolate Covered Strawberries (40 Cal each)
\$23.49 Per Dozen

■ New York Cheesecake (440 Cal/slice) \$20.99 Serves 8

ORDERING INFORMATION

Lead Time

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

CONTACT US TODAY


410.951.1229

catering@coppin.edu

coppinstate.catertrax.com

Prices effective until 08/01/2019

Prices may be subject to change

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